



**Fee Schedule**

**Therapy:**

- Brief Introductory Consultation (20 minutes) - FREE
- Initial Assessment (120 minutes) - \$400
- Individual Therapy Session (approx. 45 minutes) - \$150
- General Group Therapy Session (60 minutes) - \$100
- DBT Group Therapy Session (120 minutes) - \$200
- Family/Couples Therapy Session (90 minutes) - \$150
- 4-Week Group Program (90 minutes for 4 weeks) - \$300

**Therapy Subscription:**

- General: \$250 per month after initial assessment. Includes weekly individual and general group therapy sessions.
- DBT EST: \$350 per month after initial assessment. Includes 2 hours of weekly group skills class, bi-weekly check-in sessions
- DBT Full: \$500 per month after initial assessment. Includes 2 hours of weekly group skills class, 1 hour of individual therapy a week, 24/7 phone coaching, and optional 1 hour of prolonged exposure therapy per week.

**Insurances Accepted:**

- |                         |                 |
|-------------------------|-----------------|
| WV Medicaid             | BCBS            |
| WV Medicare             | Peak            |
| Aetna                   | Cigna/Evernorth |
| United Healthcare/Optum | PEIA/UMR        |

**Supervision**

\$50 per hour of supervision for provisionally licensed counselors or those looking to pursue an alcohol and drug certification or advanced alcohol and drug certification. This can be paid per session, monthly, or in a lump sum at the start of supervision.

**Training**

- \$30 per training per person for trainings already developed
- \$50 one-time additional fee for requested training topic